

To: Subsidy Worker

Cc: Subsidy Supervisor

Dear Ms. Worker,

I am writing to request preapproval for continued Adoption Subsidy therapy coverage for my children. Tyrone and Tamara were adopted by my husband and me through Foster Care in June 2014, at which time they were both approved for Adoption and Medical Subsidy, including coverage for psychotherapy. Since they came into care, Tyrone and Tamara have been working with their current therapist to treat Complex PTSD, which resulted from the severe emotional, physical, and sexual abuse they suffered before coming into Foster Care.

**Please reply to confirm receipt, so that we know this email has reached you! 😊**

We understand that the subsidy office would prefer that we only apply for subsidy coverage after Medicaid benefits have been exhausted. We have already billed Medicaid for 20 visits this calendar year, which is the maximum number of visits they will cover. Since our Medicaid benefit has been exhausted we must rely upon Adoption Subsidy for coverage to meet our childrens' therapeutic needs for the rest of the year.

Please find attached:

- an application for each child for Adoption Subsidy preapproval for psychotherapy
- an updated treatment plan for each child from their therapist
- documentation of 20 sessions billed to Medicaid this calendar year

Thank you so much for your time and consideration. Please let me know if you need any additional information or documentation.

Sincerely,

Trauma Mama