



**THIS PAGE IS REQUIRED FOR FOSTER CARE CHILDREN  
PAGE 2 – WELL CHILD EXAM – EARLY CHILDHOOD: 30 Months**

A standardized developmental screening tool and an autism screening tool should be administered (Medicaid required and AAP recommended) at the 30 month visit. Please record findings on this page.

Date	Child's Name	DOB
Name of person who accompanied child to appointment	<input type="checkbox"/> Parent <input type="checkbox"/> Foster Parent	
Phone number of person who accompanied child to appointment	<input type="checkbox"/> Relative Caregiver (specify relationship) <input type="checkbox"/> Caseworker	

**Physical completed utilizing all Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) requirements**

Yes Please attach completed physical form utilized at this visit

No If no, please state reason physical exam was not completed \_\_\_\_\_

**Developmental, Social/Emotional and Behavioral Health Screenings**

Always ask parents or guardian if they have concerns about development or behavior. (You must use a standardized developmental instrument or screening tool as required by the Michigan Department of Community Health and Michigan Department of Human Services).

Validated Standardized Developmental Screening completed: Date \_\_\_\_\_

Screener Used:  ASQ  ASQSE  PEDS  PEDSDM  Other tool: \_\_\_\_\_ Score: \_\_\_\_\_

Autism Screen Used:  M-CHAT  PDST-II Score:  Pass  Fail

Referral Needed:  No  Yes

Referral Made:  No  Yes Date of Referral: \_\_\_\_\_ Agency: \_\_\_\_\_

Current or Past Mental Health Services Received:  No  Yes (if yes please provide name of provider)

Name of Mental Health Provider: \_\_\_\_\_

Signature of staff who gave/scored screener if applicable: \_\_\_\_\_

**EPSDT Abnormal results:**

**Special Needs for Child (e.g., DME, therapy, special diet, school accommodations, activity restrictions, etc.):**

Medical Provider Signature	Medical Provider Name (please print)
Address	Telephone Number

This form was developed by the Institute for Health Care Studies at Michigan State University in collaboration with the Michigan Medicaid managed care plans, Michigan Department of Community Health, Michigan Department of Human Services, Michigan Association of Health Plans, and Michigan Association of Local Public Health.

Department of Human Services (DHS) will not discriminate against any individual or group because of race, religion, age, national origin, color, height, weight, marital status, sex, sexual orientation, gender identity or expression, political beliefs or disability. If you need help with reading, writing, hearing, etc., under the Americans with Disabilities Act, you are invited to make your needs known to a DHS office in your area.

## Provide child's caregiver/foster parent with handout.

### PARENT HANDOUT

#### Your Child's Health at 30 Months

##### Milestones

Ways your child is developing between 2½ and 3 years of age.

- May not want to do what parent wants; says, "NO" often
- Toilet trained during the daytime
- Shows feelings and is playful with others
- Throws a ball overhand
- Rides a tricycle
- Knows name, age, and gender
- Able to leave parent or caregiver when in a known place
- Plays with other children
- Is able to feed and dress self
- Can draw a cross and a circle
- Plays "make believe" games with dolls and stuffed animals

##### For Help or More Information:

###### Age Specific Safety Information:

Call 1-202-662-0600 or go to <http://www.safekids.org/safety-basics/>

###### For help finding childcare:

Child Care Licensing Agency, Michigan Department of Consumer & Industry Services, 1-866-685-0006 or online at <http://www.michigan.gov/michildcare>

###### For information about lead screening:

Visit the Michigan Bridges 4 Kids lead website at [www.bridges4kids.org/lead.html](http://www.bridges4kids.org/lead.html) or contact the Childhood Lead Poisoning Prevention Project at (517) 335-8885

###### Poison Prevention:

Call the Poison Control Center at 1-800-222-1222 or online at [www.mitoxic.org/pcc](http://www.mitoxic.org/pcc)

###### If you're concerned about your child's development:

Contact Early On Michigan at 1-800-327-5966 or Project Find at <http://www.projectfindmichigan.org/> or call 1-800-252-0052

###### Parenting skills or support:

Call the Parents HELpline at 1-800-942-4357 or the Family Support Network of Michigan at 1-800-359-3722.

###### Support for families of children with special health care needs:

Children Special Health Care Services, Family phone line at 1-800-359-3722 or [www.mdch.state.mi.us/msa/mdch\\_msa/cshcs.htm](http://www.mdch.state.mi.us/msa/mdch_msa/cshcs.htm)

###### Domestic Violence hotline:

National Domestic Violence Hotline – (800) 799-SAFE (7233) or online at [www.ndvh.org](http://www.ndvh.org)

### Health Tips

Are your child's shots up to date? Ask your child's doctor or nurse about a flu shot for your child.

Offer your child a variety of healthy foods every day. Limit junk foods. Eat meals together as a family as often as possible. Turn off the TV while eating together.

Brush your child's teeth at least once a day with a pea-sized amount of fluoride toothpaste.

Each child develops in his own way, but you know your child best. If you think he is not developing well, you can get a free screening. Call your child's doctor or nurse with questions.

### Parenting Tips:

Take your child outside to play and help her play active games like catch, tag, and hide-and-seek. Give her simple toys to play with, like blocks, crayons, paper, and stuffed animals.

Read to your child every day. He may like books that tell about daily activities like playing, eating, and getting dressed. Your child may like the same book to be read over and over.

Encourage your child's decision to use the potty, but don't force or punish her if she isn't ready. She may not be ready until about age 3. She'll show you she's ready by being dry after sleep and telling you when she wants to use the toilet.

Don't spank or yell at your child. Calmly, give your child something different to do. Use words to tell your child when he is doing something good. Help your child understand how he's feeling by naming the feeling.

When you are a parent you will be happy, mad, sad, frustrated, angry and afraid, at times. This is normal. If you feel very mad or frustrated:

1. Make sure your child is in a safe place and walk away.
2. Call a good friend to talk about what you are feeling.
3. Call the free Parent Helpline at 1-800-942-4357 (in Michigan). They will not ask your name and can offer helpful support and guidance. The helpline is open 24 hours a day. Calling does not make you weak; it makes you a good parent.

### Safety Tips

- Keep cleaning supplies and medicine locked up and out of reach.
- Always hold your child's hand while walking near traffic, including in parking lots. Check behind your car before backing up in case a child is behind it.
- If you have guns at home, keep them unladed and locked
- Put a life jacket on your child whenever she is near the water or in a boat. Always watch her around water.
- Keep matches and lighters out of reach.

From the Institute for Health Care Studies at Michigan State University.

Department of Human Services (DHS) will not discriminate against any individual or group because of race, religion, age, national origin, color, height, weight, marital status, sex, sexual orientation, gender identity or expression, political beliefs or disability. If you need help with reading, writing, hearing, etc., under the Americans with Disabilities Act, you are invited to make your needs known to a DHS office in your area.